THE AUSTRALASIAN COLLEGE OF DERMATOLOGISTS

Your dermatology appointment notes

Information to have ready
Relevant health records
Any test results
List of medicines

Remember, it's OK to ask questions

This is your appointment and your time. You always have a right to ask questions about your skin, your health and any treatments you may be offered. Asking questions will help you get the best possible care.

QUESTIONS I WANT TO ASK

IMPORTANT INFORMATION AND NEXT STEPS

Choosing Wisely Australia
An initiative of NPS MedicineWise

Remember Choosing Wisely Australia's® 5 Questions to ask

1. Do I really need this test, treatment or procedure
2. What are the risks?
3. Are there simpler, safer options?
4. What happens if I don't do anything?
5. What are the costs?

www.choosingwisely.org.au/5questions

During the consultation, remember to say if

- You need your dermatologist to repeat something
- You would like more information
- You wish to talk privately with your dermatologist

Repeat back the next steps and actions for you and your dermatologist at the end of the appointment.

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