

Subject Outline: Cosmetic Dermatology II



THE AUSTRALASIAN COLLEGE
OF DERMATOLOGISTS

Course: Graduate Certificate in Cosmetic Dermatology

Subject: Cosmetic Dermatology II: The Cosmetic Consultation

Credit Points: 3

Year/Semester Delivered: 1

Pre requisite: Cosmetic Dermatology I: An Introduction

Subject Outline:

This subject will cover the various key aspects of the cosmetic consultation including but not limited to:

- variations in cosmetic consultation dynamics
- the 'difficult' patient
- personality profiles
- generational differences
- gender differences
- the patient examination including but not limited to:
 - patient assessment
 - treatment planning

Components that comprise the subject may be divided into 3 broad sections:

- Patient Assessment
- Treatment Planning
- Risk Management/Minimisation

A: Patient Assessment:

- a. Considerations including medical and family history, Fitzpatrick skin type, social constraints, and psychological status
- b. Photography
- c. Facial colour, texture, volume and form
- d. Variations in the individual:
 - i. Gender differences
 - ii. Assessment measures (thirds, fifths, Phi), Facial shape, skin quality, role of facial expressions and movement
 - iii. Regional differences – eyes, face, hands, décolletage, neck
 - iv. Skin colour
 - v. "Skin types"

- vi. Variations in basic skin care for variations in skin type
- vii. Age differences – infants, menopause and elderly skin

B: Treatment Planning:

- a. Assessment
- b. Planning over time including ongoing management
- c. Constraints:
 - i. Costs
 - ii. Distance from service
 - iii. Social consideration
 - iv. Fears

C: Risk Management/Minimisation in Cosmetic Dermatology

- a. Appropriate patient selection
- b. When not to proceed
- c. The process of consent
- d. Handling adverse events
- e. Working in a team
- f. Evaluating new procedures and processes

Successful completion of this subject will provide the student with a strong foundational knowledge of the consultation process and its components.

This subject is supported by online an online module containing topic content, additional resources (including but not limited to, additional readings and/or pre-readings, online references, self-diagnostic quizzes images etc.).

Subject Learning Outcomes:

After completing this subject, students will be able to:

- SLO 1:** Demonstrate a sound in-depth understanding of patient assessment considerations in the Cosmetic Dermatology consultation, Including medical and family history, personality, gender and generational issues, environmental considerations, and individual variations
- SLO 2:** Apply a comprehensive understanding of the cosmetic patient to develop comprehensive and effective skills in patient examination and assessment.
- SLO 3:** Synthesise a cosmetic patient assessment with detailed knowledge of cosmetic treatment principles and options to develop differential diagnoses of specific cosmetic dermatological conditions.
- SLO 4:** Create comprehensive treatment plans based on differential diagnoses of cosmetic dermatological conditions.
- SLO 5:** Apply an ethical framework to cosmetic dermatological practice including critical reflection on personal values and behaviours with reference to appropriate legislation and guidelines
- SLO 6:** Evaluate new approaches and techniques from a risk perspective

The online module may also, where appropriate, contain additional related learning outcomes specific to the component sections.

Student Workload:

Reference should be made to the ACD Academic Awards Framework Policy to provide a guide as to the minimum time a full time student should spend working on this subject.

In general, “Over a semester, a 3 Credit Point (CP) subject will have a total of at least **36 hours timetabled teaching/student contact time associated with it.**”

Generally, this time will be comprised of a mix of online virtual classroom teaching sessions (approx. 80%) and work-place based instruction and/or assessment if or where appropriate.

“1CP will equate to a minimum of 2.5 hours **personal study** time per week for the full time student. Over a semester (20 weeks) this equates to 150 hours of personal study time for a 3 CP subject”.

As this graduate certificate course is essentially an online course with respect to ‘interaction with content/theoretical concepts’, students will be expected to spend a considerable portion of their personal study time per week over the semester period of 20 weeks working in the respective subject online support modules.

Timetabled student contact/teaching time will be focused on extension of the content of the course that is provided via the online modules.

Teaching:

- Weekly scheduled virtual F2F classroom teaching sessions (utilizing synchronous webinar technology and asynchronous discussion space systems where appropriate)
- Access to topic specific recorded lectures via e-learning portal
- Student self-study using online content support materials
- Work-placed based instruction and/or assessment if and when appropriate.

Assessment:

Assessment of the student outcomes may utilise any or all of the tools listed as appropriate.

- Formal MCQs
- Written Assignment(s) (Reports/reflections etc.,)
- Virtual classroom contributions
- Case based discussion/report (Topics nominated from sections)
- Research/Journal paper analysis/reflection

Assessment task	Weight	Subject Learning outcomes assessed	Curriculum Learning Outcomes	Due date
MCQ Exam/Quizzes	40%	SLO 1 - 5	CLO 1 - 6	TBA
Assignment 1: Case Study Report Portfolio*	15%	SLO 1 - 5	CLO 1 - 6	TBA
Assignment 2: Case Study Report Portfolio*	15%	SLO 1 - 5	CLO 1 - 6	TBA
Assignment 3: Case Study Report Portfolio*	15%	SLO 1 - 5	CLO 1 - 6	TBA
Assignment 4: Report: Review of new a approach/technique in cosmetic dermatology	10%	SLO 6	CLO 7	TBA
Virtual Classroom participation/contribution	5%	SLO 1 - 5	CLO 1 - 6	Weekly

* **Case study reports must** be comprehensive and must as a minimum include:

- Patient history summary
- Examination findings/ assessment and consequent differential diagnoses
- Treatment plan(s)
- Risk analysis
- Images if appropriate (consented)

Refer also to the Portfolio/Logbook Assessment/Evaluation Rubric for more detailed guidance on requirements.

Recommended Resources:

General (Covering all sections)

- Cosmetic Dermatology: Alam, Hayes, Gladstone and Tung. ISBN: 978-0-7020-3143-4
- Surgery of the Skin; Robinson et al.
- Procedures in Cosmetic Dermatology Series (Various)

Section Specific resources:

Patient Assessment

- Robinson J.K et al., Surgery of the Skin 2nd Edition. 2010 Elsevier, **Chapter 1**.
- Procedures in Cosmetic Dermatology Series: Rubin, Choosing the Correct Peel. 2006 Elsevier London **Chapter 2**
- Procedures in Cosmetic Dermatology Series: Rubin, Peeling in Darker Skin Types. 2006 Elsevier London **Chapter 9**
- Procedures in Cosmetic Dermatology Series: Carruthers & Carruthers. Soft Tissue Augmentation 2013 Elsevier London. **Chapters 1 & 2**
- Burgess C.M. ed., Cosmetic Dermatology 2005 Springer. E-Book
- Prendergast P.M, 2012, Facial Proportions **Chapter 2**, Advanced Surgical Facial Rejuvenation. A. Erian and M.A Shiffman (eds). **Pg 15-21**. 30.01.16
- De Maio M, Rzany B. Injectable Fillers in Aesthetic Medicine. 2014 (Ed 2) Springer-Verlag
- Farhadian, J.A et al Male Aesthetics: A Review of Facial Anatomy and Pertinent Clinical Implications. J Drugs Dermatol **14 (9) 1029-1033**
- Ricketts RM. Divine proportion in facial aesthetics. Clin Plast Surg 1982; **9 (4):401-22**
- Refer to the online module for additional Journal Readings

Treatment Planning

- Robinson JK, Hanke CW, Siegel DM, Fratila A (Ed), Surgery of the Skin. 2010 Mosby, UK, 2nd Edition. **Chapter 21**
- Medical Council of NSW: Various papers on Cosmetic Surgery
- Refer to the online module for additional Journal Readings

Risk Management/Minimisation

- **Books:**
- Robinson JK, Hanke CW, Siegel DM, Fratila A (Ed), Surgery of the Skin. 2010 Mosby, UK, 2nd Edition. **Chapter 5:** Patient evaluation, informed consent and preoperative assessment **Chapter 21:** Psychosocial Issues and the Cosmetic Surgery patient.
- **Journals:**
- Zoheir Ezziane, Mahiben Maruthappu, Lynsey Gawn, Emily A. Thompson, Thanos Athanasiou, Oliver J. Warren, (2012), "Building effective clinical teams in healthcare", Journal of Health Organization and Management, Vol. 26 Iss: 4 pp. 428 -436 <http://dx.doi.org/10.1108/14777261211251508>
- Anders Hansson, Febe Friberg, Kerstin Segesten, Birgitta Gedda, Bengt Mattson (2008), "Two sides of the coin – General Practitioners' experience of working in multidisciplinary teams", Journal of Interprofessional Care, Vol. 22(1): 5 – 16

- **Websites**

- <https://www.safetyandquality.gov.au/wp-content/uploads/2014/08/Implementing-the-Australian-Open-Disclosure-Framework-in-small-practices.pdf>
- <https://www.safetyandquality.gov.au/publications/saying-sorry-a-guide-to-apologising-and-expressing-regret/wrd3521/>
- <http://www.medicalboard.gov.au/Codes-Guidelines-Policies/Code-of-conduct.aspx>

Curriculum Mapping:

CD II: The Cosmetic Consultation

This subject covers the various key aspects of the cosmetic consultation.

Course Learning Outcomes

- CLOC 1:** Demonstrate the development of an appropriate knowledge base in the field of Cosmetic Dermatology.
- CLOC 2:** Demonstrate a comprehensive understanding of the cosmetic consultation, patient selection and rights.
- CLOC 3:** Demonstrate a comprehensive understanding of the treatment options available to the cosmetic patient.
- CLOC 4:** Utilise an evidence based approach to analysis of patient needs.
- CLOC 5:** Formulate cosmetic treatment plans by synthesizing a detailed knowledge of facial anatomy and a comparison of treatment modalities.
- CLOC 6:** Distinguish between cosmetic treatments by assessing their probable outcomes against potential risks.
- CLOC 7:** Critically appraise current practice and/or research in the domain of cosmetic dermatology and its various sub-domains

Subject Learning Outcomes

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