



THE AUSTRALASIAN COLLEGE  
OF DERMATOLOGISTS

# **Master of Cosmetic Dermatology (MCosDerm)**

## **Course Outline**

**includes component 'Nested Courses'**  
**Graduate Certificate in Cosmetic Dermatology**  
**Graduate Diploma in Cosmetic Dermatology**

**2019**

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## Introduction

The ACD Masters program and/or its components sets a benchmark for education in Cosmetic Dermatology in the Australian higher education arena and the international training domain.

These nested courses have been developed so as to form a natural progressive pathway to broadening and expanding students' depth of knowledge and understanding of key areas of cosmetic dermatology practice. The first of the nested courses, the Graduate Certificate will focus on principles, concepts and theory that underpin the sub-domain of dermatological practice that is cosmetic dermatology. The second will focus on more practical application of the material covered in the certificate level course and the opportunity to study targeted areas in more detail. The final component, focuses on the development of an understanding of, and skills in the domain of emerging cosmetic dermatological science and practice through studies in research methods and the conduct of scientific enquiry (Evidence Based medicine). Students will graduate equipped to apply this skill sets, making more informed decisions on the efficacy of current practice and research, future directions and, making a positive contribution to advancing dermatological understanding in the area of cosmetic practice.

Students have the choice to enrol in the full Master's program ('opt-out' mode) or they may choose to enrol in either of the nested components as 'stand-alone' courses ('opt-in' mode). Successful completion of these nested components will attract credit towards completion of the full Master's program. Adopting this approach will allow students to spread their study commitments over a greater period of time but it will also extend the minimum time required to complete the Master's program.

Students enrolled under the 'opt-in' mode will not be permitted to enrol in the Masters program until they have:

- successfully completed both of the nested components qualifications (Graduate Certificate and Diploma in Cosmetic Dermatology or,
- been granted RPL for one or both of the above listed qualifications.

**For information** regarding the Master of Cosmetic Dermatology Course and its component subjects, students should in the first instance contact:

Position	Name	Email	Availability; times and location	Phone
Course Coordinator	AP Dr Greg Goodman	GG@div.net.au	TBA	TBA
Dean of Education	Dr Adriene Lee	<a href="mailto:adrienelee1@bigpond.com">adrienelee1@bigpond.com</a>	TBA	TBA
Director: Educational Services	Mr Brett O'Neill	brett@dermcoll.edu.au	9am-5pm Monday to Friday/College	02 87414199
National Training Committee	Dr Brad jones	bradjones@ausdoctors.net	TBA	TBA
Subject Coordinators	Principal Supervisor	TBA	TBA	TBA
Lecturers/tutors	As above	TBA	TBA	TBA
Student Contact	Ms Kirsty Edwards	kirsty@dermcoll.edu.au	9am-5pm Monday to Friday/College	02 87414123

## Aims of the Program

Operating as a fully accredited (Australian Medical Council) professional Medical College offering a 4 year post graduate specialist training program and as a registered Higher Education Provider (HEP), the Australasian College of Dermatologists is committed to providing participating students with a program of scholarship, advanced study and research. Students participating in the program will be empowered to, enhance their knowledge and skills and to make a significant contribution to knowledge and practice in their professional dermatological context. In doing so, they may also contribute more generally to scholarship within the discipline of dermatology generally or in some specific area(s) of interest.

The ACD considers post-graduate students should be required to apply their research and study to problems, issues or other matters of substance which produce significant benefits in professional practice. To this end, the MCosDerm qualification developed by the ACD is designed to provide the opportunity for candidates to learn in environments that nurture the:

- scholarship of discovery;
- scholarship of integration;
- scholarship of application; and
- scholarship of teaching.

The MCosDerm will be aligned to the curriculum set out within this document and will provide successful candidates with a recognised higher education qualification in the area of cosmetic dermatology.

Students who enrol in, and complete, the MCosDerm program (the 'opt out' mode for nested courses) will have their depth of knowledge, level of understanding and skills in the key areas of cosmetic dermatology practice expanded through both course work and research. They will be equipped to apply this knowledge, understanding and skills base in making better clinical decisions and making a positive contribution to advancing dermatological understanding in the area of cosmetic practice.

Specifically, for participating students, the full MCosDerm program is designed to:

- broaden their knowledge and skills base in the domain of cosmetic dermatology
- provide them with the opportunity to develop and apply a wide range of skills and processes associated with clinical practice in the domain of cosmetic dermatology
- provide them with the opportunity to gain and apply an understanding of the role and impact of Evidence Based Medicine in their everyday practice in the domain of cosmetic dermatology
- provide them with an opportunity to develop and apply skills in the design, conduct and reporting of research in a cosmetic dermatological setting.

Students who elect to complete one or other of the nested courses in lieu of the full program (the 'opt in' mode) will, if they complete both nested components, realise similar benefits, missing only the emphasis on evidence based medicine research in the cosmetic dermatological domain.

The level of approach to the broad aims listed will vary accordingly with the level of the qualification being offered viz., Master's, Graduate Diploma or Certificate in Cosmetic Dermatology.

## Graduate Attributes

The College aims to produce graduates from all its programs of study with the following overarching attributes at levels appropriate to the level of study being pursued:

- Scholars capable of independent and collaborative enquiry, rigorous in their analysis, critique and reflection, and able to innovate by applying their knowledge and skills to the solution of novel as well as routine problems;
- Scientifically skilled leaders capable of initiating and embracing innovation and change, as well as engaging and enabling others to contribute to change;
- Professionals capable of ethical, self- directed practice and independent lifelong learning;
- Global citizens who are culturally adept and capable of respecting diversity and acting in a socially just and responsible way.

More specifically, with regard to the principal educational domain of the College, specialist medical practice in the field of dermatology in general as well as specialised domains such as cosmetic dermatology, the College aims to produce graduates who exhibit the following attributes:

### Personal

- Apply analytical and critical thinking leading to creative problem solving.
- Commit to ethical practice and social responsibility.
- Engage in lifelong learning and reflective practice.

### Applied Knowledge and Skills

- Utilise relevant and current information for quality practice and decision making in their activities as a specialist dermatologist.
- Strategically plan and manage resources in the treatment and ongoing management of patients.
- Manage quality in their practice as independent decision makers.
- Manage risk associated with their practice as independent specialist.
- Lead and manage those in their charge.

### Interactional Skills

- Communicate across a range of disciplines and communities
- Work within and contribute to local and international processes in the practice and ongoing development in the field of dermatology.
- Enhance collaborative and multidisciplinary teamwork.

The attainment of these attributes apply to all students regardless of their participation model/nested course in this program.

## Program/Course Structure(s)/Study Patterns

**The Master of Cosmetic Dermatology** full program will be comprised of subjects specific to a Masters level qualification (italicised) as well as the prescribed subjects associated with the nested programs, Graduate Diploma and Graduate Certificate in Cosmetic Dermatology:

### Core Subjects:

- CD I: Introduction to Cosmetic Dermatology (3CP)
- CD II: The Cosmetic Consultation (3CP)
- CD III: Surface Active Procedures (3CP)
- CD IV: Injectables (3CP)
- CD V: Muscle Relaxant and Dermal Filler Practical (3CP)
- CD VI: Surface Active Procedures Practical (3CP)
- *RM I: Basic Elements of Evidence Based Medicine\** (3CP)
- *RM II: Advanced Methods: Biostatistics and Analysis \*\** (3CP)
- *RM III: Advanced Issues in Evidence Based Medicine \*\** (3CP)
- *RP900: Minor Research Project\*\** (9CP)

### Elective Subjects: (Select 2)

- CDE I: Post Acne and other forms of scarring (3CP)
- CDE II: Body sculpting, cryolipolysis, ultrasound, liposculpture and fat transplantation (3CP)
- CDE III: Surgical management of hair loss (3CP)
- CDE IV: Management of lower limb venous disease (3CP)
- CDE V: The Business of Cosmetic Practice (3CP)

\* These subjects are accredited component subjects within the accredited ACD Master of Dermatology (Coursework).

\*\* These subjects are component subjects of the course Masters in Cosmetic Dermatology – Minor Research Project.

Students will be required to accumulate a total of **42 Credit Points** comprising, 9 core subjects (27 Credit Points), two elective subjects (6 Credit Points), and submit a completed and approved Minor Research Project (RP900) qualify for the award of the qualification 'Master of Cosmetic Dermatology'. The minimum completion time for a student enrolled on a full time basis will be 2.5 semesters (20 weeks/ semester). Note that the absolute length of study will be impacted by the scope and complexity of the Minor Research Project that a student develops and pursues in completing the full MCosDerm Program of study.

### Course Schedules/Study Patterns

Course schedules (Study Patterns) for each of the nested courses, GradCert CosDerm and GradDip CosDerm, are set out in the respective course outlines.

The Study Patterns associated with the component subjects comprising the final stage of the MCosDerm Program, the Minor Research Project and the two advanced research methodology subjects, RM II and RM III is set out in the table below.

This table represents a typical schedule/study pattern for a Full Time student completing this section of the complete program. The distribution and actual sequence within a semester may vary

<b>Core Subjects</b>	<b>Year</b>	<b>Semester</b>	<b>Credit points</b>
RM II	<b>1</b>	<b>1</b>	3
RM III	<b>1</b>	<b>1</b>	3
			<b>6</b>

<b>Research</b>	<b>Year</b>	<b>Semester</b>	<b>Credit points</b>
RP 900: Minor Research Project	<b>1/2</b>	<b>1/2</b>	9
		<b>Total</b>	<b>9</b>
			<b>15</b>

**The Graduate Diploma in Cosmetic Dermatology** program will be comprised of:

**Core Subjects:**

- CD I: Introduction to Cosmetic Dermatology (3CP)
- CD II: The Cosmetic Consultation (3CP)
- CD III: Surface Active Procedures (3CP)
- CD IV: Injectables (3CP)
- *RM I: Basic Elements of Evidence Based Medicine\* (3CP)*
- CD V: Muscle Relaxant and Dermal Filler Practical (3CP)
- CD VI: Surface Active Procedures Practical (3CP)

**Elective Subjects: (Select 2)**

Students must select and complete any 2 of the electives listed.

- CDE I: Post Acne and other forms of scarring (3CP)
- CDE II: Body sculpting (3CP)
- CDE III: Surgical management of hair loss (3CP)
- CDE IV: Management of lower limb venous disease (3CP)
- CDE V: The Business of Cosmetic Practice (3CP)

**Pre/co-requisite Subjects:**

Students will be required to have completed or be currently enrolled in the Graduate Certificate in Cosmetic Dermatology program.

Students will be required to accumulate a total of **27 Credit Points** comprising, 7 core subjects (21 Credit Points) and two elective subjects (6 Credit Points) to qualify for the award of the qualification 'Graduate Diploma in Cosmetic Dermatology'. The minimum completion time for a student enrolled on a full time basis will be 2.0 semesters (20 weeks/ semester).

**The Graduate Certificate in Cosmetic Dermatology** program will be comprised of:

**Core Subjects:**

- CD I: Introduction to Cosmetic Dermatology (3CP)
- CD II: The Cosmetic Consultation (3CP)
- CD III: Surface Active Procedures (3CP)
- CD IV: Injectables (3CP)

**Pre/co-requisite Subjects:**

Students will be required to have completed or be enrolled in the online course in basic EBM principles which is a subject aligned with the currently accredited ACD master of Dermatology (Coursework) program.

- *RM I: Basic Elements of Evidence Based Medicine\* (3CP)*

Students are required to accumulate a total of **15 Credit Points**, comprising 4 core subjects (12 Credit Points) and the introductory research subject RM 1: Basic Elements of Evidence Based Medicine (3 Credit Points)\* to qualify for the award of the qualification 'Graduate Certificate in Cosmetic Dermatology'. The minimum completion time for a student enrolled on a full time basis will be 1.0 semester (20 weeks/ semester).

\* Students who, at the time of enrolling in the Graduate Certificate program have previously enrolled in and successfully completed the research subject RM I, will be granted advanced standing (3 Credit Points) towards completion of the Graduate Certificate in Cosmetic Dermatology.

## Broad Program/Course Learning Outcomes

### Master of Cosmetic Dermatology (MCosDerm)

The MCosDerm curriculum has been developed in alignment with and taking into account the entry level of existing knowledge, clinical and professional skills which enrollees will have acquired by virtue of their completion of the ACD Fellowship training program and their ongoing experience as practicing specialist dermatologists.

All of the key learning outcomes, (at both course and subject level) are in alignment with the appropriate AQF Learning Outcome descriptors.

**In addition to** the course learning outcomes pertaining to the nested courses within this program, the Graduate Certificate and Diploma in Cosmetic Dermatology, students enrolled in the full MCosDerm program, will, on exit, be able to:

- CLOM 1:** Critically assess and synthesise specialist medical dermatological knowledge of disease process, presentation and epidemiology in the domain of cosmetic dermatological practice.
- CLOM 2:** Demonstrate a comprehensive understanding of the cosmetic consultation, patient selection and rights.
- CLOM 3:** Critically analyse appropriate investigations to develop and justify well-reasoned diagnoses.
- CLOM 4:** Evaluate results of investigations and then develop and assess effective management plans appropriate to the diagnosis and the patient's context
- CLOM 5:** Critically apply specialist medical knowledge and diagnostic skills to develop best practice treatment options in cosmetic dermatology
- CLOM 6:** Plan, design, execute and report on substantial research projects designed to maximise the use of an evidence based medicine approach to practice in the domain of cosmetic dermatology.
- CLOM 7:** Analyse and draw inference from the results of complex research programs to inform cosmetic dermatological practice now and in the future.

### Subject Specific Student Learning Outcomes

Each subject within the program will have additional subject specific outcomes in addition to the core course outcomes. Refer to the individual Subject Outlines for the associated student learning outcomes.

## Graduate Diploma in Cosmetic Dermatology

Students enrolled in the GradDip CosDerm program, on completion will be able to:

- CLOD 1:** Plan complex cosmetic treatment regimens to address specific conditions and/or criteria in relation to patient's conditions/presentations with due consideration of safety in practice.
- CLOD 2:** Perform a range of complex cosmetic treatments appropriate to the specific conditions and/or criteria in relation to patient's conditions/presentations
- CLOD 3:** Critically review patient outcomes.
- CLOD 4:** Develop, monitor and/or manage further and/or ongoing treatment plans where appropriate
- CLOD 5:** Demonstrate a wide range of skills in the use of injectable products to achieve maximum cosmesis in cosmetic dermatology patients
- CLOD 6:** Demonstrate a wide range of skills in the use of surface active procedures to achieve maximum cosmesis in cosmetic dermatology patients under the safest conditions possible.

### Subject Specific Student Learning Outcomes

Each subject within the program will have additional subject specific outcomes in addition to the core course outcomes. Refer to the individual Subject Outlines for the associated student learning outcomes.

## Graduate Certificate in Cosmetic Dermatology

Students enrolled in the GradCert CosDerm program, on completion will be able to:

- CLOC 1:** Demonstrate the development of an appropriate knowledge base in the field of Cosmetic Dermatology.
- CLOC 2:** Demonstrate a comprehensive understanding of the cosmetic consultation, patient selection and rights.
- CLOC 3:** Demonstrate a comprehensive understanding of the treatment options available to the cosmetic patient.
- CLOC 4:** Utilise an evidence based approach to analysis of patient needs.
- CLOC 5:** Formulate cosmetic treatment plans by synthesizing a detailed knowledge of facial anatomy and a comparison of treatment modalities.
- CLOC 6:** Distinguish between cosmetic treatments by assessing their probable outcomes against potential risks.
- CLOC 7:** Critically appraise current practice and/or research in the domain of cosmetic dermatology and its various sub-domains

## Subject Specific Student Learning Outcomes

Each subject within the program will have additional subject specific outcomes in addition to the core course outcomes. Refer to the individual Subject Outlines for the associated student learning outcomes.

## Student Wellbeing

The Australasian College of Dermatologists recognizes and acknowledges the need to provide students participating in their educational courses with full, accurate and timely access to information and services that support their overall progression, wellbeing, safety and satisfaction within an environment that promotes the safety of and respect for and between all participants.

To this end the College has policies and procedures in place to address broad key issues which may impact on their experience whilst studying including but not limited to:

- ensuring equal opportunities for all students,
- factors that affect wellbeing such as:
  - social, financial, cultural and educational/learning support
- safety and respect in the workplace
- access to remedies for grievances and complaints

The key broad policies currently in place and/or undergoing development or revision include:

- Academic Awards Framework
- Academic Freedom
- Access and Equity
- Reasonable adjustment
- Candidate in Difficulty
- RPL
- Special Consideration
- Religious Observance
- Mentoring
- Assessment
- Appeals
- Complaints and Grievances
- Academic Misconduct
- Critical Incidents
- Bullying, Discrimination and Harassment

The College also provides access to a range of other services through a 'Support Services' webpage on the Colleges' website including:

- An externally provided Employee Assist Program (Converge international) which provides such services as:
  - Private and confidential workplace and personal support
  - Counselling
  - Crisis management
- Targeted handouts for issues related to:
  - Mindfulness
  - Strategies for managing stress
- Doctors' health and wellbeing support services including:
  - Australian Doctors' Health Network
  - State based Health Commissioners
  - Advocacy services of the AMA

Further information relating to ensuring student wellbeing with respect to teaching and learning specifically, can be read in Section 9 (Supervision, Education and Training) of the College's Professional Code of Ethics for its Fellows\* and by accessing the pages covering Education and general College Policies on the College website

\* Teaching and learning activities for courses offered by the College are conducted by suitably qualified Fellows of the College.

## Resources for Students

A key source of content based material and supporting resources is provided for students, through access to the College e-Learning portal via their own private and protected accounts.

Other resources, specific to the individual program component subjects are listed in the Subject Outlines for each subject. They include but are not limited to:

- journal papers centred on topics pertinent to the subject,
- research reports and data,
- case studies specific to the subject,
- access to simulated clinical cases
- online seminar/presentation recording and.
- chapter readings/study from suggested/recommended texts. (Note, such listing will be updated from time to time)
- video recordings of procedural sessions and virtual teaching sessions where appropriate
- image databases
- case databases

## Further Questions?

Refer to the 'Contacts' table at the beginning of this document.

## Glossary of Terms

<b>CLOC:</b>	Course Learning Outcome – Graduate Certificate in Cosmetic Dermatology
<b>CLOD:</b>	Course Learning Outcome – Graduate Diploma in Cosmetic Dermatology
<b>CLOM:</b>	Course Learning Outcome – Master of Cosmetic Dermatology
<b>Opt-in Mode:</b>	Enrolment in Full Master's program
<b>Opt-out Mode:</b>	Enrolment in a nested component course
<b>SLO:</b>	Subject Specific Learning Outcome

## Revision History

Version 1.4c 2017: Version submitted to TEQSA 2016/17

Version 1.4d 2018: Current version. General revisions including details regarding course/subject development quality control and College approval.

Version 1.5 2018: Clarification of subject credit point structure

Version 1.7-8: May 2018 minor corrections.

Version 1.9: July 2018 clarification of component listings for the Graduate Diploma level course, minor revisions of wording

Version 1.9 revision: May 2019 Removal of Curriculum Section, text review.